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### INSTRUCTIONS FOR A BIONATOR APPLIANCE

The BIONATOR appliance is the easy way to get your teeth straightened and jaws aligned, but only you can get the appliance to work. The main advantages of this appliance are that it can be removed and cleaned, as well as permitting a thorough cleansing of the teeth. It will also allow for more growth of the lower jaw to achieve better alignment to the upper jaw. The following is a list of points to help you use your appliance to its best advantage:

1. The appliance should be removed only for the purpose of eating, cleaning and brushing the teeth. The appliance should be brushed and placed back in the mouth after cleaning it thoroughly. While the appliance is out of the mouth for brushing, it should always be placed in the retainer box, especially at meals, because it is easily thrown out if it is wrapped in a napkin.
2. Do not play with the appliance with your tongue or fingers as it might disturb adjustment.
3. Always be sure that the appliance is well seated in mouth, as instructed. The increased flow of saliva that you will experience returns to normal in a few days. You will even be able to talk with it in place as your tongue adapts to the Bionator.
4. Be careful not to lose the appliance, as it will be necessary to construct another at an additional cost.
5. In case of undue discomfort or accident, check with the office immediately.
6. Again, please do not lose the appliance. Your strict cooperation in following the instructions will determine the length and cost of treatment, as well as the perfection of the final result.

If you should have any questions or need more information regarding this matter please contact our office.